

Lesson Plan Template

Grade: 5 th	Subject: Physical Education
Materials: SharkSkin Balls, Bowling Pins, Basketball Hoop	Technology Needed: Music
Instructional Strategies: <ul style="list-style-type: none"> 🍏 Direct instruction x 🍏 Guided practice 🍏 Socratic Seminar 🍏 Learning Centers 🍏 Lecture 🍏 Technology integration 🍏 Other (list) 	Guided Practices and Concrete Application: <ul style="list-style-type: none"> 🍏 Peer teaching/collaboration/cooperative learning x 🍏 Visuals/Graphic organizers 🍏 PBL 🍏 Discussion/Debate 🍏 Modeling
Standard(s) Standard 2. The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance. Standard 3. The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.	Differentiation Below Proficiency: Student Fails to establish correct throwing techniques Above Proficiency: Student reaches proficient skills of throwing and catching techniques Approaching/Emerging Proficiency: Student can do most but not all skills fails to reach all skills but still tries. Modalities/Learning Preferences: Establish Skills at a younger level and make them more complex throughout their educational career.
Objective(s) Use previous skills of throwing and catching to knock down pins. Bloom's Taxonomy Cognitive Level: Apply	Behavior Expectations- (systems, strategies, procedures specific to the lesson, rules and expectations, etc.) Students stay on task, also not throwing the ball at other students just the pins.
Classroom Management- (grouping(s), movement/transitions, etc.) Pick cards to decide each team, gives fair advantage to not stacking one team.	
Minutes	Procedures
3	Set-up/Prep: Place balls in the middle, and on each baseline spread out 5 bowling pins.
5	Engage: (opening activity/ anticipatory Set – access prior learning / stimulate interest /generate questions, etc.) Have students do a warm up and a stretch
2	Explain: (concepts, procedures, vocabulary, etc.) Explain Concepts and rules, students at the 5th grade level are already familiar with this game. Say how important it is to establish rotations every two minutes for who the guards are.
25	Explore: (independent, concrete practice/application with relevant learning task -connections from content to real-life experiences, reflective questions- probing or clarifying questions) Have students participate in the activity. If all pins are knocked down have the other team do an exercise of their choice. Have a stopwatch going every two minutes for rotations of the defenders.
5	Review (wrap up and transition to next activity): Talk about what we learned and what standards and specific strategies were used.

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Formative Assessment: (linked to objectives)

Progress monitoring throughout lesson- clarifying questions, check-in strategies, etc.

Basic Strategy and Movement Skills.

Consideration for Back-up Plan:

Ultimate bowling.

Summative Assessment (linked back to objectives)

End of lesson:

If applicable- overall unit, chapter, concept, etc.:

Reflection (What went well? What did the students learn? How do you know? What changes would you make?):

Overall I think this lesson went well, the students were very engaged in the lesson and enjoyed it very much. It was nice with the 5th graders because they enjoyed the lesson and were very familiar with the game. It was competitive but at the same time the kids enjoyed themselves.